



BRIGHT FUTURES
Alliance
for Learning



Welcome to our Newsletter

We hope that your RSHE programme is going well in your school and you are seeing benefits from participating in our training programme.

We are delighted to let you know that the training materials are still available in the Google Classroom and are being regularly updated. We will also be delivering additional training, free of charge, to those who are in the RSHE Hub. There are a range of updates and new materials and we hope that you will take advantage of these.

There have been a number of changes at Bright Futures Educational Trust and we continue to go from strength to strength. Our Teaching School Hubs are supporting many schools in the North West and beyond, and our Alliance for Learning continues to build an innovative CPD offer which sits alongside the ECF and NPQS.

As Ofsted inspections get under way again we will start to learn more about how the new RSHE curriculum is inspected and what we can learn from each other.

Do you know that ALL NPQs are now fully funded? This means you could access free high-quality leadership CPD. Our next cohort starts in February. See [here](#) for more information. We look forward to playing our part in supporting you.

Lisa Fathers, Director of Development, Partnerships and Teaching School Hubs

FREE RSHE Hub training continues

Updated materials now in the training Hub

New webinars coming soon

Interview with Lisa Fathers

BRIGHT FUTURES Alliance for Learning

FREE webinars for RSHE Hub members
Supporting topics in the RSHE curriculum

Click session titles to book

- The Talk About Alcohol session aims to improve confidence in delivering alcohol education within secondary schools.**
Wednesday 17 November by the Alcohol Education Trust
- Tips for teaching healthy relationships**
Wednesday 24 November by Life Lessons
- Teaching consent in a way that's relatable and helps pupils apply it in real life**
Wednesday 1 December by Life Lessons

All delivered by zoom 3.30pm start

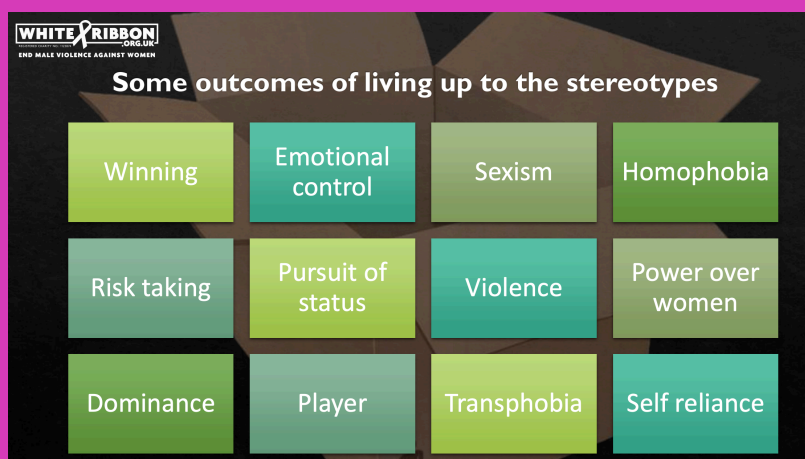
White Ribbon Day

White Ribbon Day 2021 takes place on Thursday 25 November. There are some great resources available. We have placed these into the Google Classroom for you.

White Ribbon is the World's largest movement of men and boys working to end violence against women and girls, promote gender equity, healthy relationships and a new vision of masculinity. The campaign began in Canada in 1991 and has now spread to over 60 countries around the world. White Ribbon asks everyone, and men in particular, to wear white ribbons as a sign that they have promised to never commit, excuse or remain silent about violence against women and girls. White Ribbon UK is the leading charity that works with men and boys, campaigning and educating to change the cultures that lead to abuse and stop violence before it starts.

What You Can Do

- Mark White Ribbon Day by encouraging everyone to wear a White Ribbon
- Display posters throughout the school
- Raise awareness through displays and lessons



Resources for Parents

The DfE has published some resources to explain the RSE requirements to parents. These also explain parents' rights with regards to the RSE curriculum and are easy to share with parents throughout the year.

[Relationships education, relationships and sex education \(RSE\) and health education: FAQs](#)

[Relationships, sex and health education: guides for parents](#)

FREE Training for Hub members



We have some more FREE training for members of our RSHE Hub. These sessions are all delivered online and you can do as many as you wish. We will be continuing with the 3.30pm Wednesday slot for these sessions as this seems to be one of the most popular times. We will continue to record the webinars and add them to the Google Classroom.

We are delighted to introduce Life Lessons, a new partner for two of the webinars and, due to superb feedback, we are delighted to welcome back the Alcohol Education Trust.

Get FREE VIDEOS to support your teaching of consent and pornography

Get FREE VIDEOS to support your teaching of consent and pornography

Simply complete the 'Get in touch' form here with the subject 'free videos': <https://www.lifelessons.co.uk/>

Bring the POSITIVE power of peer influence to your RSE classes

Life Lessons brings an innovative whole school approach to RSE and Personal Development for year 7+

A video library of 100+ videos

- Real young people share their views on topics such as: Consent, Pornography, Healthy Relationships, Peer on peer abuse
- Teacher lesson plans and discussion prompts accompany each topic area
- Pupils learn and develop skills that apply to their real lives



Great resources from Brook

Our team love to share great resources - there are lots of them. Often there are too many sites and resources packs to look at, so when we find some good ones that are used by our team, we like to share.

The latest episode from Brook, looked back at Brook staff's experiences of sex education at school to learn from the positives and negatives of their lessons. Watch the episode live on their [Facebook](#) page and you can [catch up on the whole series](#) at any time.



Interesting read in the news

Sex education: Could consent classes help end harassment? BBC News



Not one to miss!

CONSENT!

Year 7 – What is consent?
Year 8 – Sexual consent – the law
Year 9 – Impact of alcohol on consent
Year 10 – Difference between sexual assault, sexual abuse and rape

RSHE Hub contributor Michelle O'Neill has recently delivered a webinar: RSHE and Healthy Relationships (part of Sexual Harassment/Abuse training package) and this is now available in your Google Classroom.

The discussion focusses on the importance of relationships education within RSHE, particularly in light of the recent Ofsted report into sexual harassment in schools. Delivered by Michelle O'Neill (RSHE SLE). The session is approximately 1 hour long.

A brief interview with Lisa Fathers



Lisa Fathers is the Director of Development, Partnerships & Teaching School Hubs and she and her team have been really happy with the outcome and ongoing success of the RSHE Hub. We asked her a few questions:

What has been the highlight of the RSHE Training Hub to you?

For me, it has been seeing so many schools participate and the feedback that they have provided. Delivering the programme to over 400 schools has been a significant achievement.

What has been the biggest challenge of the Hub?

The start of the programme coincided with the start of the pandemic and therefore the training programme had to move from face-to-face to online. This was not a planned change, but we managed to move everything smoothly onto the Google Classroom. A positive outcome from this has been that it has been even easier for schools to gain access to the training programme and materials.

What advice would you give to schools starting the training programme?

I would recommend that they start at the beginning and work through the training as one topic leads naturally onto the next. I would also say that as many staff as possible should have access to the training so that a school-wide approach is developed.

What has worked really well in the project?

The support and input that we have had from partners has been incredible. It really has enhanced the experience for those taking part and enriched the resources provided.